



Cornerstone Health Centre

Local sources of organic and free range meats.

Providing you with all the tools you need for a healthy lifestyle.

<u>Name</u>	<u>Location</u>	<u>Phone Number</u>	<u>Product</u>	<u>Certified Organic</u>	<u>Local</u>	<u>Feed</u>	<u>Pasture Raised</u>	<u>Pesticide Free</u>	<u>Hormone Free</u>	<u>Free Range</u>
Cody's Cows	14067 Churchill Rd N Acton, ON (also available at Brampton and Newmarket Farmer's Markets)	519-853-5320	Beef	NO	Y	first 5 months on mother's milk, put out in pasture, last 6 weeks fed grains (non gmo, not organic feed)	Y	Y	Y	Y
Whole Circle Farms	8786 Wellington 50 RR#3 Acton, ON	519-856-1384	Beef, Pork, Lamb, Eggs (free range Chickens)	NO	Y	organic grain	Y	Y	Y	Y
Thatcher Farms	5727 5th Line Eramosa RR#1 Rockwood	519-856-4073	Lamb, Beef, Pork, Chicken, Omega 3 Eggs	NO	Y	grains, alfalfa-timothy hay (not organic feed)	Y	Y	Y	Y
Agram Meats	10676 Trafalgar Road South Georgetown, ON	905-877-6082	Beef, Chicken, Pork	NO	Y	grain, grass (not organic feed)	Y	Y	Y	Y
MacMillians	6834 Hwy. 7 West R.R. # 1 Acton, ON	519-853-0311	Beef, Pork, Chicken	YES	Y	organic grain	Open barns	Y	Y	N
Rowe Farm Meats Ltd.	1027 Gordon Street, Guelph, ON (also available at the St. Lawrence Market)	519-822-2171	Beef, Pork, Lamb, Chicken, Turkey, deli meats and sausages	Certified Beef (from Guelph Farm)	Y	grass, hay and grains (not organic feed)	Y	Y	Y	Y
Erin Valley Elk & Boar	5197 Erin Eramosa Townline Rockwood, ON	519-856-4933	Elk, Red Deer	NO	Y	grass	Y	Y	Y	Y
Beretta Farms https://www.berettafamilyfarms.com/	Order on line (\$200 minimum and delivery charge is applicable)	N/A	Beef, Chicken, Pork	YES	Y	grass, organic grain	Y	Y	Y	Y
Pat's Prime Cuts and Deli	333 Mountainview Road South, Georgetown, ON	905-873-0352	Beef, Chicken	NO	Y	grass and grain (not organic feed)	Y	Y	Y	Y
McMaster's Meats and Deli	110 Main Street South, Georgetown, ON	905-702-1274	Beef, Chicken, Pork, Lamb and gluten free products	NO	Y	non gmo corn, 100% whole grains	Y	Y	Y	Y